

Sunday, 9 November 2025

True Peace Can Be Yours

In a world filled with chaos, anxiety, and uncertainty, many people seek peace in various forms – success, possessions, or relationships. However, true peace does not come from those things. It is not dependent on the ever-changing circumstances around us. The Bible teaches us that “**Jesus Christ is the Prince of Peace**” (Isaiah 9:6), and in Him alone, we find a true peace that is secure and lasting, no matter what life throws our way.

Truth to take hold of: True peace comes only from Jesus Christ. It doesn't depend on external circumstances, but on a choice. Trust in God and control your thoughts every day."

1. Jesus Is our true source of peace – Isaiah 9:6

1.1 True peace is not dependent on. – John 16:33

1.2 True peace begins with a relationship with God through Jesus Christ. – Romans 5:1

1.3 You can always have the peace of Jesus over every situation. – John 14:27

2. True peace is a daily intentional choice. – Psalm 34:14, Colossians 3:15

3. Maintain peace by controlling your thoughts and trusting God

3.1 The enemy of peace is uncontrolled thoughts. – 2 Corinthians 10:5

3.2 Trusting God brings you true peace. – Romans 15:13, 1 Peter 5:7

Conclusion: Jesus Christ is our complete source of peace. His peace does not disappear when we face problems. We can begin to have true peace in life when we first establish a right relationship with God through Jesus Christ. Then, maintain the peace of God through our daily intentional decision to trust in God and control our thoughts, not allowing worry, fear, or stress to overwhelm us. When we do this, we will be able to experience the promise that we can always have Jesus' true peace above all circumstances and live with confidence and true peace.

Discussion Questions

1. What does it mean to intentionally choose to have peace every day, and how can you practice this choice now?
2. What thoughts or anxieties often steal your peace, and what is your plan for dealing with them?
3. How does **trusting God** according to Romans 15:13 and 1 Peter 5:7 help you to experience greater peace?