

Sunday, 30 April 2023
Give Your Worries to God

God wants you to be free of worry and anxiety, and He tells us how in the Bible. To live without worry, you must “*Give Our Worries to God.*” Today we will learn why we should and how to give our worries to God. 1 Peter 5:6-10

1 Why should we give our cares to the Lord?

1.1 Worry will lead to evil - Psalm 37:8

1.2 Worry causes the Word to be ineffective in our lives - Mark 4:19

1.3 Worry does not help, so why worry - Matt. 6:25-27

2 How can we give our worry to God? 1 Peter 5:6-10

2.1 Humble yourself under the mighty hand of God - 1 Pet. 5:6

2.2 Believe God cares for you – 1 Pet. 5:7, 1 John 4:18

2.3 Control your thoughts – 1 Peter 5:8, 2 Corinthians 10:4-5

2.4 Use your faith to resist worry - 1 Peter 5:9, 10

Conclusion: we now know why God wants us to give our worries to Him and how we can give them to God. So the choice is yours. Do you want to live a life free of worry? Humble yourself before God, believe He cares for you, control your thoughts, and resist worry in faith.

Discussion Questions:

1. Why should we give our worries to God?
2. How can we give our worries to God?