

**Sunday, 6 June 2021**

**What Do You Think? Series - Part 4: Wonderful and Marvelous**

Wonderful and marvelous! Do these words describe how you think about yourself? What you think about yourself is very important. Thinking incorrect thoughts about yourself will rob you of your faith, make you spiritually weak, and hinder your relationship with God and others. However, when you think about yourself the same way God does, your faith will be encouraged. You will begin to become strong spiritually, and you will enjoy a beautiful relationship with God. Today, you will learn not to condemn yourself, what God thinks about you, and how you can see yourself through God's eyes.

1. No condemnation for those in Christ – Romans 8:1

1.1 To condemn yourself means to think negatively of yourself and then to criticize yourself.

1.1 Why do people have negative thoughts about themselves?

2. God thoughts about you are good - Psalm 139:17-18

2.1 Examples of what some people think about themselves, compared to what God thinks about them

Nobody loves me – God loves you - John 3:16

I'm not valuable to anyone – You are extremely valuable to God - John 3:16

Nobody wants me – God wants you and wants you to draw near to Him - James 4:8

I'm dirty - The blood of Jesus has cleansed you – 1 John 1:7

I'm unrighteousness – Jesus made you righteous – 2 Cor. 5:21

I'm unworthy - God made you worthy – Colo. 1:12

I cannot do anything – God said, you can do all things through Christ who strengthens you – Phil 4:13

3. See yourself through God's eyes

3.1 Renew your mind regarding your thoughts about yourself – Romans 1:1-2, James 1:21

3.2 David said, "and that my soul knows very well" - Psalm 139:14

**Conclusion:** Wonderful and Marvelous! These are the thoughts you need to have about yourself. Begin to renew your mind by putting God's thoughts about you into your mind and let the power of God's word help you not to condemn yourself and see yourself through God's eyes. Your faith will be encouraged. You will have spiritual vitality and experience a beautiful relationship with God and others.

**Discussion Question:**

1. What does it mean to condemn yourself, and why should you not condemn yourself?
2. What does God think about you?
3. How can you begin to think about yourself the same way God thinks about you?