

Sunday, 7 February, 2021

You Can Overcome Series – Part 4: You Can Overcome Temptation

As Christians, it's important to correctly understand about biblical temptation so that we will not fall into the temptation – sin to God; for example, coveting, becoming idolaters, involving in sexual immorality, tempting the Lord, complaining, lying, etc. When we understand temptation, we will be able to resist and overcome temptation.

1. Truths of biblical temptation

1.1 Sources of temptation – Matthew 26:41, 1 Thessalonians 3:5, 1 John 2:16, James 1:13-14

1.2 What is temptation? - Genesis 3:1-8, 1 John 2:15-17, James 1:13-15, Hebrews 4:15

2. How can you overcome temptation?

2.1 Recognize temptation and believe that you can overcome all temptations. – Luke 17:1, 1 Corinthians 10:13

2.2 Watch and pray - Matthew 26:41

2.3 Resist temptation with the Word of God – James 4:7, Ephesians 6:11, 17, Matthew 4:1-11, Hebrews 4:15

2.4 Flee and avoid temptation - Genesis 39:7-12, 2 Timothy 2:22, Proverbs 4:14-15

Conclusion: God want you to overcome temptation in your life. Today we learn truths of biblical temptation including how to overcome temptation. You need to recognize temptation and believe that you can overcome, watch and pray, resist temptation, flee and avoid temptation. You can overcome all temptations that come to your life.

Discussion Questions:

1. What are the truths of biblical temptation?
2. How can you overcome temptation?
3. Which temptation are you facing or which temptation do you tend to fall into? How will you overcome this temptation?