

May 5, 2019

The Balanced Christian Life - Part 1: Understanding Balance

In part 1 of the series we will gain a foundational understanding of balance. What balance is, why balance is important, and how we can have balance in our life.

1. Understanding balance: What is balance, and why is balance important?
 1. Balance is “*stability produced by even distribution of weight on both sides*” (Webster’s Dictionary). Balance is a correct understanding and application of Bible doctrines.
 2. Balance is important because it keeps us in the will of God and out of false doctrine.
2. How can we have balance?
 1. Stay hungry for the Word of God. 1 Peter 2:1-2, Jeremiah 15:16
 2. Do not have itching ears. 2 Timothy 4:1-4, Acts 20:27
 3. Be willing to allow God’s Word to mold, shape, correct you. 2 Timothy 3:16
 4. Judge all things. 1 Thessalonians 5:21
 5. Know and apply God’s purpose to everything. Ephesians 1:11, Colossians 1:16

Conclusion: We see what balance is and why balance is important to our Christian walk with God. As we continue this series we will continue to learn how to have balance in our doctrine and life.

Discussion questions.

1. From the sermon, what is balance?
2. Why is balance important?
3. What can you do or change about your life to maintain balance by the methods taught in the sermon?