

Sunday, October 20, 2019
Maintain a Strong Spirit.

As Christians it is important to maintain a strong spirit. The Bible teaches it is possible to become stronger in our spirit, why we should be strong in spirit and how to become and maintain a strong in spirit. Ephesians 3:14-16

1. Why be strong in spirit.
 1. Because faith is of the heart. Romans 10:10
 2. Because God leads us through our spirit. Romans 8:14-16
 3. Because we are to walk in the spirit. Galatians 5:16
 4. Because the condition of our spirit sets the boundaries for our life. Prov. 4:23
2. How can we be strong in spirit and maintain a strong spirit?
 1. By feeding on god word everyday. Matthew 4:4, Matthew 7:24-27
 2. By praying in other tongues every day. 1 Corinthians 14:4, Jude 20
 3. By prayer. Ephesians 3:16

Conclusion: You can be strong in spirit. Be sure to maintain a strong spirit by feeding on God's Word and praying tongues daily. Then you will expand the boundaries in your life, be able to believe God more easily, be led by the Holy Spirit more accurately, and walk in the fruit of the spirit more easily.

Discussion questions.

1. What are the 4 reasons why we should be strong in spirit?
2. Discuss the three ways you can become strong in spirit.

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