

**Sunday, May 27, 2018**

**Part 8: A Life Without Worry**

**INTRODUCTION:** Today we will gain a Biblical perspective of worry and learn how to live a life free of worry. The Bible teaches worry is a tool of the Devil, a waste of time, and how to overcome worry.

1. Worry is a **TOOL** of the Devil. 1 Peter 5:7-8, Psalm 37:8 (ESV)
  
  
  
  
  
  
  
  
  
  
2. Worry is a **WASTE** of time. Matthew 6:24-27
  
  
  
  
  
  
  
  
  
  
3. Faith to **OVERCOME** worry.
  - a. Cast your cares on the Lord. 1 Peter 5:7, Philippians 4:6-8
  
  
  
  
  
  
  
  
  
  
  - b. Resist worry like you resist the devil. 1 Peter 5:9, James 4:7
  
  
  
  
  
  
  
  
  
  
  - c. Trust God to take care of you. Matthew 6:25-33

**Conclusion:** We have seen it is possible for you to live a life free of worry. Do not waste your time worrying, but overcome worry by faith.

**Discussion questions.**

1. How does the devil use worry as a tool to cause problems in our lives?
2. Why is worry a waste of time?
3. How can you overcome worry by faith?