Sunday, November 19, 2017 Part 9: OVERCOMING THE FLESH

What is the flesh, why should we overcome the flesh, and how can we overcome the flesh? This is what we will learn in the Word of God today.

- 1. What is the flesh?
 - a. To live according to the flesh means to be controlled by the sinful desires of our body and controlled by wrong thoughts of the un-renewed mind.
 - b. Desires of the body. Romans 13:12-14
 - c. The flesh also has to do with the carnal, un-renewed mind. Romans 8:5-7
- 2. Why should we overcome the flesh?
 - a. Those in the flesh cannot please God. Romans 8:8
 - b. Sow to flesh...reap corruption. Galatians 6:8
- 3. How can we overcome the flesh?
 - a. To overcome the flesh means to not yield to the flesh, but control the flesh.
 - b. How not to overcome the flesh. Colossians 2:20-23
 - c. Renew the mind. Ephesians 4:22-24
 - d. Let the Holy Spirit help you. Romans 8:12-16

<u>Conclusion</u>. We have learned what the flesh is and how to overcome the flesh. Now you need to decide what you are going to do with your flesh. Is your flesh going to hinder you or are you going to control your flesh and overcome in life? <u>Discussion questions</u>:

- 1. Based on the sermon what is the flesh?
- 2. Based on the scriptures used in the sermon why should you overcome the flesh?
- 3. How can you apply the scriptures in the sermon to overcome the flesh?