

Sunday, September 24, 2017

Series: How To Be An Overcomer - Part 6: A WORRY FREE LIFE

You can live a worry free life. God wants you to know you do not have to worry. Many are defeated in life because of worry. Today we will learn why we do not need to worry and how to overcome worry.

1. Why we should not worry?

- a. If Jesus said do not worry, then there is no reason to worry. Luke 12:22
- b. Worry is a waste of time. Does not help. Luke 12:25

2. God's manual for overcoming worry. Phil 4:4-8

- a. Verse 4: Rejoice
- b. Verse 6: Be anxious for nothing.
- c. Verse 6: Let your request be made known.
- d. Verse 6: Give thanks.
- e. Verse 8: Meditate on the right things.
- f. Verse 7: God's manual will produce peace.

Conclusion: You do not need to worry. You should not worry because worry is a waste of time. Use God's manual for overcoming worry and enjoy a worry free life.

Discussion questions.

1. Why do we not have to worry and why is a waste of time?

2. What are the steps given in the sermon to overcome worry?
3. How can you apply these steps to your life?