

Sunday, 26 Nov 2017      Part 10: Overcoming Detrimental Thoughts  
Your mind is the command center for your life and that also makes it the battlefield where the devil attacks you most often. 2 Cor 10:3-5

- I. Truths & Myths About thoughts - Ps 139:1-2  
Feelings are **followers** - thoughts are **leaders**  
God's plan for us is **continual** growth
- II. It is Important to **Wisely** Choose Our Thoughts  
Prov 4:23, 1 Cor 3:18
- III. Understanding **Detrimental** Thoughts
  - A. An Uncontrolled Mind  
1 Pet 1:13, Jas 5:12
  - B. A Double Mind  
Jas 1:6-8, Mt 15:4-9, Jas 4:8, 1 Cor 2:14
  - C. A Doubtful Mind  
Mt 14:31, Rm 4:18-21
  - D. A Fretful Mind  
Ps 37:7-8, 1 Pet 5:6-9, Phil 4:6
  - E. A Judgmental Mind  
Mt 7:1-5, Rm 12:3, Jas 4:11, Jas 5:9
  - F. A Suspicious Mind  
Mt 10:16, 1 Cor 13:7
  - G. A Jealous or Envious Mind  
Phil 2:1-9, Mt 19:19, Gal 5:20
  - H. An Arrogant Mind  
1 Pet 5:5-6, Phil 2:1-9 3-4

#### IV. You Can **Overcome** Detrimental Thoughts

1 Pet 5:8-9, 1 Tim 6:12, Ps 119:59, Eph 4:22-24,  
Rm 12:2, 2 Cor 10:5, Phil 4:8-9

Conclusion: Through Christ, you can conquer your thoughts, direct your feelings, and control your behavior through filling yourself with the Word of God & obeying the Holy Spirit. Ps 19:14

Questions:

1. How can I give more attention to evaluating my thoughts?
2. Which detrimental thoughts do I need to eliminate for a happier life?
3. Which scripture will I choose to meditate on to benefit my thought life?